



OCTOBER 2019



Activities Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Yoga 10:00 Tai Chi 11:15 Busy Hands 2:00	2 Bone Builders 10:45 Meditation 12:30 Photos Class w/Chuck Daly 1:00 to 3:00 Ladies Pool 3:00	3 Tai Chi 11:15	4 Line Dancing 11:00 to 11:45 Pool & Games 3:00 First Friday Wine & Cheese 4:45 OCTOBERFEST Dinner 6:00
7 Bone Builders 10:45 Finance Committee 10:00	8 Yoga 10:00 Tai Chi 11:15	9 Bone Builders 10:45 Tai Chi/Yoga/Meditation Luncheon 12:00 Ladies Pool 3:00 Poker In The Pub 7:00	10 Debris Pickup Day Tai Chi 11:15	11 Line Dancing 11:00 to 11:45 Pool & Games 3:00
14 Bone Builders 10:45 Columbus Day Office Closed	15 Manly Brews 9:00 Yoga 10:00 Tai Chi 11:15 Busy Hands 2:00	16 Bone Builders 10:45 Meditation 12:30 Ladies Pool 3:00 Singles Dinner 6:00	17 Tai Chi 11:15	18 Line Dancing 11:00 to 11:45 Facebook Class w/Chuck Daly 1:00 to 3:00 Pool & Games 3:00
21 Bone Builders 10:45 Finance Committee 10:00	22 Ladies of Avalon Coffee 9:00 Yoga 10:00 Tai Chi 11:15	23 Bone Builders 10:45 Meditation 12:30 Ladies Pool 3:00 Poker In The Pub 7:00	24 Debris Pickup Day Men's Breakfast 8:00 Thai Chi 11:15 Ladies Lunch 12:00	25 Line Dancing 11:00 to 11:45 Pool & Games 3:00 PUB NIGHT 5:00 to 7:00/Dinner
28 Bone Builders 10:45 Activities Meeting 1:30	29 Cooking Class 12:00 Yoga 10:00 Tai Chi 11:15	30 Bone Builders 10:45 Meditation 12:30 Ladies Pool 3:00	31 Tai Chi 11:15	