



# December 2019



## Activities Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> Bone Builders 10:45	<b>3</b> Yoga 10:00 Tai Chi 11:15 Busy Hands 2:00 Men's Breakfast 8:00	<b>4</b> Bone Builders 10:45 Meditation 12:30 Ladies Pool 3:00 Poker In The Pub 7:00	<b>5</b> Tai Chi 11:15  <b>Avalon Tree            Decorating -1:00</b>	<b>6</b> Pool & Games 3:00
<b>9</b> Bone Builders 10:45	<b>10</b> Yoga 10:00 Tai Chi 11:15	<b>11</b> Bone Builders 10:45 Ladies Pool 3:00	<b>12</b> <b>Debris Pickup Day</b> Thai Chi 11:15 <b>Annual Avalon            Holiday Party            5:00 – 8:00</b>	<b>13</b> Pool & Games 3:00
<b>16</b> Bone Builders 10:45	<b>17</b> <b>No</b> Yoga 10:00 Tai Chi 11:15 Busy Hands 2:00	<b>18</b> Bone Builders 10:45 Meditation 12:30 Ladies Pool 3:00  <b>Wine &amp; Cheese 5:00            Candlelight Dinner 6:00</b>	<b>19</b> Thai Chi 11:15	<b>20</b> Pool & Games 3:00
<b>23</b> Bone Builders 10:45	<b>24</b> <b>No</b> Yoga 10:00 Tai Chi 11:15	<b>25</b>  <b>Christmas Day            Office Closed</b>	<b>26</b> <b>Debris Pickup Day</b> Thai Chi 11:15	<b>27</b> Pool & Games 3:00
<b>30</b> Bone Builders 10:45	<b>31</b> <b>No</b> Yoga 10:00 Tai Chi 11:15  <b>Flamingo Drop            Manor House            6:00 – 9:00</b>	<b>1</b> <b>New Year's Day            Brunch Buffet            11:00-2:00            OFFICE CLOSED</b>		