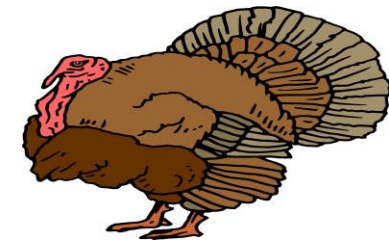




November 2019



Activities Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Line Dancing 11:00 to 11:45 Pool & Games 3:00 First Friday Wine & Cheese 4:45 Dinner 6:00
4 Bone Builders 10:45	5 Manly Brews 9:00 Yoga 10:00 Tai Chi 11:15 Busy Hands 2:00	6 Bone Builders 10:45 Meditation 12:30 Chuck Daly Class on Amazon Alexa, Part I 1:00 Ladies Pool 3:00 Poker In The Pub 7:00	7 Debris Pickup Day Tai Chi 11:15	8 Line Dancing 11:00 to 11:45 Pool & Games 3:00
11 Bone Builders 10:45 Veteran's Day *Office Closed	12 Yoga 10:00 Tai Chi 11:15 Acoustic Music w/Kevin 6:00	13 Bone Builders 10:45 Meditation 12:30 Ladies Pool 3:00 Singles Dinner 6:00	14 Ladies of Avalon Coffee 9:00 Tai Chi 11:15 Jim Husson 1:00 (The History of Riverside Park)	15 Line Dancing 11:00 to 11:45 Gather & Being Thankful 1:00 Pool & Games 3:00
18 Bone Builders 10:45 Chuck Daly Class on Amazon Alexa, Part II 1:00	19 Yoga 10:00 Tai Chi 11:15 Cooking Class 12:00 (Refrigerator Jams & Pickles) Forum 2:00	20 Bone Builders 10:45 Meditation 12:30 Joel Gold Folk Music 2:00 Ladies Pool 3:00 Poker In The Pub 7:00	21 Debris Pickup Day Men's Breakfast 8:00 Thai Chi 11:15 Ladies Lunch 12:00 Board Meeting 2:00	22 Line Dancing 11:00 to 11:45 Pool & Games 3:00
25 Bone Builders 10:45 Activities Meeting 1:30	26 Yoga 10:00 Tai Chi 11:15 Busy Hands 2:00	27 Bone Builders 10:45 Meditation 12:30 Ladies Pool 3:00	28 Thanksgiving *Office Closed Thanksgiving Buffet Dinner 2:00	29 NO Line Dancing Today Pool & Games 3:00 *Office Closed