



APRIL 2022



Activities Calendar				
Monday	Tuesday	Wednesday	Thursday	Friday
				1 First Friday Wine & Cheese 5:00 First Friday Dinner 6:00
4	5	6 Men's Breakfast 8:30 Strong for Life 10:30	7 Yoga 10:00	8
11	12	13 Strong for Life 10:30 Ladies' Lunch 12:00	14 Yoga 10:00	15
18 CLOSED PATRIOTS DAY	19	20	21 Yoga 10:00	22
25	26	27 Manly Brews 8:00 Strong for Life 10:30	28 Yoga 10:00	29