



OCTOBER 2022



Activities Calendar				
Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5 Strong for Life 10:30	6 Debris Pickup Day Yoga 10:00 NO TAI CHI	7 Pool in the Pub 3:00 First Friday Wine & Cheese 5:00 First Friday Dinner 6:00
10 CLOSED COLUMBUS DAY/ INDIGINIOUS PEOPLES' DAY	11 Busy Hands 2:00	12 Strong for Life 10:30	13 Debris Pickup Day Yoga 10:00 Beginner Tai Chi 11:15	14 Pool in the Pub 3:00
17	18 Activities Committee Meeting 2:00	19 Strong for Life 10:30 Ladies' Lunch 12:00	20 Debris Pickup Day Yoga 10:00 Beginner Tai Chi 11:15	21 Pool in the Pub 3:00
24	25	26 Manly Brews 8:00 Strong for Life 10:30	27 Debris Pickup Day Yoga 10:00 Beginner Tai Chi 11:15	28 Pool in the Pub 3:00
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